

Faculty of Computers and Information Technology

Psychology

Information :

Course Code : PSY 101

Level : Undergraduate

Course Hours : 2.00- Hours

Department : University Requirements

Area Of Study :

Apply the basic concepts, theories and information about the psychological behavior and factors affecting it.
Use basic science in psychology.
Demonstrate professional responsibilities, ethical, cultural and societal aspects of psychology.
Own the needed knowledge and skills in psychology.
Carry out a self-learning and research in psychology field

Description :

The course gives the students information about different types of the psychological behavior and factors affecting it.
The course also deals with the different problems and behavior of youth

Course outcomes :

a. Knowledge and Understanding: :

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| 1 - | Define the fundamental concepts and theories related to their environment and their psychological well-being |
| 2 - | Describe different human behavior and ways of its motivation |
| 3 - | Discuss specifications and major perspectives in psychology |

b. Intellectual Skills: :

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|-----|---|
| 1 - | Analyze critical thinking using psychological theories and principles on personal relationships |
| 2 - | Analyze different ways of human behavior and its motivation |
| 3 - | Prepare appropriate ways for predicting human behavior |

c. Professional and Practical Skills: :

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|-----|---|
| 1 - | Use observational methods to describe, explain, predict as well as control behavior of either one's or others |
| 2 - | Use psychology to influence and improve lives of human beings |
| 3 - | Realize an appropriate tool to make decisions in different situations effectively |
| 4 - | Manage time effectively |

d. General and Transferable Skills: :

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| 1 - | Communicate effectively with others by applying the information they gained about how the body and mind work together |
| 2 - | Apply communication skills and techniques in presentations and report writing for range of audiences using various methods and tools. |

Course Topic And Contents :

Topic	No. of hours	Lecture	Tutorial / Practical
Introduction to Psychology.	2	2	
Biological bases on behavior	2	2	
Sensation and perception	2	2	
State of consciousness	2	2	
Memory	2	2	
Learning	2	2	
Mid-Term Exam	2		
Semester assignment	2	2	
Personality	2	2	
Personality	2	2	
Personality disorders	2	2	
Personality disorders	2	2	
Review / discussion of the research assignment	2	2	
Final Exam	2		

Teaching And Learning Methodologies :

Interactive Lectures including discussion

Self-Study (Project / Reading Materials / Online Material / Presentations)

Case Studies/Project

Course Assessment :

Methods of assessment	Relative weight %	Week No	Assess What
Assignments	5.00		
Final Exam	40.00	14	
Midterm Exam (s)	30.00	7	
Quizzes	10.00		
Research and Reporting	15.00		

Course Notes :

Course Notes are available with all the slides used in lectures in electronic form on Learning Management System (Moodle)

Web Sites :
<https://psychology.stanford.edu/>