

# Combinatorial strategy of epigenetic and hormonal therapies: A novel promising approach for treating advanced prostate cancer

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## Abstract

### Aims

Estrogens act as key factors in prostate biology, cellular proliferation and differentiation as well as cancer development and progression. The expression of estrogen receptor (ER) appears to be lost during prostate cancer progression through hypermethylation mechanism. Epigenetic drugs such as 5-aza-4-deoxycytidine (5-AZAC) and Trichostatin A (TSA) showed efficacy in restoring ER expression in prostate cancer cells. This study was designed to explore the potential anti-carcinogenic effects resulting from re-expressing ER using 5-AZAC and/or TSA, followed by its stimulation with Diarylpropionitrile (DPN), a selective ER agonist, in prostate cancer cell line PC-3.

### Main methods

Cells were treated with 5-AZAC, TSA, DPN and their combination. Subsequently, they were subjected to proliferation assays, determinations of ER expression, protein levels of active caspase-3, cyclin D1,  $\beta$ -catenin and VEGF.

### Key findings

Treatment with these drugs exhibited an increase in ER expression to different extents as well as active caspase-3 levels. Meanwhile, a significant reduction in cyclin D1, VEGF and  $\beta$ -catenin levels was achieved as compared to the vehicle (p < 0.05). Interestingly, the triple combination regimen led to the most prominent anti-tumor responses in terms of increased apoptosis, reduced proliferation as well as angiogenesis.

### Significance

The results support the notion that ER acts as a tumor suppressor protein and suggest that sequential ER expression and activation can offer significant anti-tumor responses. The study highlights that the strategy of merging epigenetic and hormonal therapies may be beneficial in treating advanced prostate cancer

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